

Name: _____
 Email: _____



ECOLOGICAL FOOTPRINT QUIZ

1) HOME

How many people live in your household?

	Score
a) 1	30
b) 2	25
c) 3	20
d) 4	15
e) 5	10

How many individual taps and toilets do you have in your home?

a) less than 3	5
b) 3-5	10
c) 6-8	15
d) 8-10	20
e) 10+	25

2) FOOD

How many meals per week do you eat with meat or fish?

Points	
a) 0	0
b) 1-3	10
c) 4-6	20
d) 7-10	35
e) 10+	50

How many home-made meals do you eat per week (including those you bring to school or work)?

a) under 10	25
b) 10-14	20
c) 14-18	15
d) 18+	10

When purchasing your food items, do your family and you try to buy locally produced goods?

a) yes	25
b) no	125
c) sometimes	50
d) rarely	100
e) don't know	75

When purchasing your food, do you frequently take plastic bag or have the food packed in polystyrene?

a) all the time	10
b) sometimes	6
c) not at all	0

3) TRANSPORTATION

If you or your family own vehicles, what type are they? **Add scores for each type of vehicle.**

a) motorcycle	15
b) small-compact (e.g. kancil)	35
c) mid-sized (e.g. proton)	60
d) full-sized (e.g. perdana)	75
e) SUV or van	100
f) truck	130

How do you get to school/work?

a) car	50
b) public transport	20
c) walk	0
d) bike	0

How many trips do you make per week on public transport for which you would have otherwise used a car?

a) 0	50
b) 1-5	40
c) 6-10	30
d) 11-15	20
e) 15+	10

Where did you go on vacation in the last year?

a) no vacation	0
b) in the state	10
c) another state	30
d) to the South East Asian country	40
e) outside South East Asian country	70

How many weekend trips or 'balik kampung' trips do you take by car?

a) 0	0
b) 1-3	10
c) 4-6	20
d) 7-9	30
e) 9+	40

4) PURCHASES

How many large purchases (e.g., stereo, TV, VCR, computer, car furniture, etc.) Has your household made in the past year?
Points

- a) 0 0
- b) 1-3 15
- c) 4-6 30
- d) 6+ 45

5) ENERGY CONSUMPTION

Have you bought any energy efficient products in the past year (e.g., light bulbs, fridges, air conditioner, toilets)?

- a) yes 0
- b) no 25

Do you switch off the electrical appliances (E.g. lights, fan, computer, air conditioner) when not in use?

- a) most of the time (forgot) 15
- b) sometime 20
- c) not at all 25
- d) all the time 0

Do you use the lift instead of staircase in a building less than 6 storey high?

- a) All the time 5
- b) Sometime 3
- c) Only use the stairs 0

6) WASTE

Does your household try to reduce the amount of waste created in the house (E.g. buying food in bulk, refusing junk mail/flyers, using reusable containers for storage, using natural cleaners)?

- a) always 0
- b) sometimes 10
- c) rarely 20
- d) never 30

Does your household compost?

- a) always 0
- b) sometimes 10
- c) rarely 15
- d) never 20

Does your household recycle newspapers, cardboard/ boxboard/ pizza boxes, document paper, aluminum cans, glass/ plastic bottles and other materials?

- a) always 0
- b) sometimes 10
- c) rarely 15
- d) never 20

How many garbage bags of waste do you set out for pick-up each week?

- a) 0 0
- b) one, half-full 5
- c) 1 10
- d) 2 20
- e) 2+ 30

What's a Fair Earth share?

Total your score by adding up the points from each question, and compare it to the chart below.



Your Total Score:

Your Score	Ecological Footprint in Hectares
Less than 150*	Less than 4.0*
150 - 350	4.0 - 6.0
350 - 550	6.0 - 7.7
550 - 750	7.7 - 10.0
More than 750	More than 10.0

Ecological Footprint Ranking (2005) Country Ecological Footprint (Hectares per person)

United States	9.4
Canada	7.1
Ireland	6.3
United Kingdom	5.3
France	4.9
Italy	4.8
Portugal	4.4
Singapore	4.2
Mexico	3.4
World Average	2.7
*Malaysia	2.4
Costa Rica	2.3
<i>Earth's Total Productive Area</i>	<i>2.1</i>
Egypt	1.7
India	0.9
Bangladesh	0.6

*Adapted from:
www.woodroffehs.ocdsb.ca/worldissues/en/pdf/m1u1
ashw1.pdf*